

Example Itinerary

ETHICAL WINE & CULTURE TOUR IN SOUTH AFRICA



**The following is an example itinerary. Please note arrangements change from year to year and session to session based on the goals of the programme, need of the community, and size of the groups. Please use this itinerary as a general guide to the structure of the Ethical Consumerism Projects.*

DAY NO.	WEEKDAY	TIME	ACTIVITY
1	Sunday	ALL DAY	ARRIVAL
2	Monday	8:00am – 9:00am	BREAKFAST
		9:00am – 10:30am	Country induction and local tour
		10:30am – 1:00pm	Visit Table Mountain
		1:00pm – 2:00pm	WELCOME LUNCH
		2:00pm – 4:30pm	Wine tasting and cellar tour
		6:00pm – 7:00pm	DINNER
3	Tuesday	8:00am – 9:00am	BREAKFAST
		9:00am – 12:30pm	Level 1 South African wine course
		12:30pm – 1:30pm	LUNCH
		1:30pm – 5:00pm	Level 1 South African wine course
		6:00pm – 7:00pm	DINNER
4	Wednesday	8:00am – 9:00am	BREAKFAST
		9:00am – 12:00pm	Afrikaans language lesson
		12:00pm – 1:00pm	LUNCH
		1:00pm – 3:00pm	Visit farming community
		3:00pm – 4:30pm	Wine tasting and cellar tour
		6:30pm – 9:00pm	DINNER AND WINE DOCUMENTARY
5	Thursday	8:00am – 9:00am	BREAKFAST
		9:00am – 12:30pm	Visit Youth Academy
		12:00pm – 1:00pm	LUNCH
		1:00pm – 4:00pm	Visit Fair Trade Farm
		6:00pm – 8:30pm	DINNER AND DJEMBE DRUMMING LESSON
6	Friday	8:00am – 9:00am	BREAKFAST
		9:00am – 12:00pm	Community outreach
		12:00pm – 1:00pm	LUNCH
		1:00pm – 5:00pm	Community outreach
		5:00pm – 8:00pm	COOKING CLASS AND DINNER
7	Saturday	8:00am – 9:00am	BREAKFAST
		9:00am – 12:30pm	Visit Zeitz Mocca
		12:30pm – 2:00pm	LUNCH AT FOOD MARKET
		2:00pm – 10:00pm	DEPARTURE